Stand Up Paddling Inks Lake & Wild Cave Tour Longhorn Caverns
April 28-30, 2017
Beginner/Moderate

Fees:

$75/85

- Prices reflect the UT student and RecSports member/non-member prices.
- Refunds will be issued, less a $10 administrative fee for those participants who cancel by 5:00p on cancellation date.
- Price does not include meals on the road.
- Price includes $45 fee for Cavern Tour.

Dates & Times:

Pre-Trip Meeting: Wednesday April 26, 2017 @ 6:30 PM
Pre-Trip Location: Outdoor Center located in Gregory Gym 2.104
Trip Departs: Friday April 28, 2017 @ 3:00 p.m. (approx. time)
Trip Returns: Sunday April 30, 2017@ 5 p.m. (approx. time)
Cancellation Date: Friday – April 21st, 2017 @ 5 p.m.

What to Expect:

Get out of Austin and cool off in the underground world of Longhorn Caverns and the tranquil waters of Inks Lake State Park. No previous experience is required for this trip, but basic swimming ability is a must. Longhorn Cavern was first formed when the ground levels of water began to drop. As this downward movement occurred, the water began to dissolve the limestone. This downward drainage continued until great underground streambeds were cut out of solid rock. It is this unusual combination of dissolving and cutting by water that makes Longhorn Cavern one of the most unique caves of the world. During the 1 1/2 - 2 hour wild cave tour (different than the walking tour this trip has done in the past) you will view formations that were only seen by professional spelunkers up until just a few years ago. Our staff specialists will guide you into parts of the cave not shown on regular tours. Small passageways and getting very dirty are definitely part of this tour and is not recommended for every guest. *(PANTS REQUIRED ON TOUR, NO SHORTS)*

Next we head right around the corner to Inks Lake. Inks Lake is located in the Highland Lakes chain (7 lakes) surrounded by granite hills. The water level of Inks Lake is usually unaffected by drought and is maintained at a normal level most of the time. After some basic paddling instruction, we’ll take our time paddle boarding around the lake and swim at the “Devils’ Watering Hole.” After a nice weekend of paddling and caving and loading gear we head back home to campus.

What to Bring:

*The following list is meant to assist you in determining what equipment you will need to bring. Trip guides will review this list at the pre-trip meeting and will make changes and suggestions as needed.

- Snacks and food money for drive
- 2 plastic water bottles (labeled with your name)
- Sunglasses
- Daypack
- Toiletries: Bug spray, sunscreen, toothbrush, soap, etc...
- Hat or cap
- Eating utensils, plate, bowl, and mug (non-breakable)
- Headlamp or light source (flash light)
- Windbreaker or light rain jacket
- Plastic bag for wet clothes
- Close Toed shoes for cave tour (tennis shoes)
- Sandals w/heel strap (Tevas, Chacos)
- Change of dry clothes for cave tour and vehicle
- Long Pants for Cave tour
- Pillow and sleeping bag
Comfortable loose fitting clothes
(suggestions below)
1 Swimsuit and towel
2 pairs of loose fitting nylon shorts
Synthetic shirt or "rash guard"

Outdoor Recreation Program Will Provide:
- Transportation to and from the site
- Paddle Board, paddles, PFDs, a few dry bags for community use
- Food during non-driving part of trip (all meals on road to be paid for by participant)
- All group gear including tents
- Sleeping bag and pad (available on request)

Refunds, Cancellations and Transfers:

(a) Cancellation dates vary for each trip.
(b) Transfers may be made to another available activity at full value if done before the cancellation date. No transfers will be granted past the cancellation date.
(c) Recreational Sports reserves the right to cancel the trip due to insufficient registrations, inclement weather or other unforeseeable circumstances. If such a cancellation is necessary, the participant may choose between transferring to another available activity or being issued a full refund.
(d) For registrations paid online, approved refunds will be credited back on to your credit card within 1-2 weeks. For all other approved refunds, the University Accounting Office will mail refund checks in approximately 4-6 weeks.
(e) If for any reason you decide not to go on the trip the morning of the trip departure or if you are running late please call the guides!

Insurance and Required Forms:

The University of Texas at Austin and the Division of Recreational Sports cannot be held responsible for any injury, property loss or damaged equipment while participating in an Outdoor Recreation Program activity. All participants must be covered by medical insurance. For UT students - A $5.00 per day charge will be added to the cost of the trip for those students who cannot provide proof of current medical coverage at the time of registration. You will not be permitted to participate if we have not received payment for this insurance or a copy of your insurance card prior to the trip departure.

You will be required to complete a medical authorization form, a release and indemnification agreement, and a participant information sheet. All forms must be turned in to the Programs office upon trip registration. Forms are available online or may be picked up from the Programs Office or the Outdoor Center. Completed forms may be submitted electronically through HornsLink, faxed, mailed or delivered to the Programs Office.

The Fine Print:

The Outdoor Recreation Program staff makes every effort to provide you with an enjoyable trip. You will assume the responsibility for many decisions affecting yourself during the activity; however, the guides have final authority and will not hesitate to dismiss those whose conduct is detrimental to them, the group or the activity site. UT - RecSports reserves the right to refuse service to individuals whom it feels may bring a detrimental attitude or variance to the cooperative adventure experience.

Participants should be aware that outdoor activities could be physically demanding with inherent elements of risk and danger beyond our control. These risks include, but are not limited to the potential for accidents or illness while traveling to and from the activity sites, or while participating in activities in rugged mountain, wilderness and river terrain. While we do not assume liability for personal injury or death, every effort is made to minimize these risks. No alcohol or drugs are allowed on any Adventure Trip Program event.

Physical Fitness:

All trips require varying degrees of physical fitness. Please take the trip rating seriously. We are not qualified to evaluate your fitness level so you must evaluate your fitness level as appropriate for any given trip. If you are unsure of your physical condition you should consult with a physician before the trip.
If you are unable to participate fully in a trip due to inadequate fitness your course fee will not be refunded. Additionally, it is very important that you not misrepresent your fitness as doing so could cause the trip itinerary to be altered “mid-trip” to accommodate you. Having to alter a trip itinerary will have a negative impact on the experience of your peers and could lead to an emergency or rescue.

**Dietary Preferences:**

If you have any special dietary needs or food allergies, please make them well known at the time you register for your trip. For example, if you are “vegan” or have some type of special dietary requirement you may be required to pay an additional food supplement fee. This fee will be used to purchase food specifically to meet your dietary preference or need. If you have any questions or concerns regarding menu planning and preparation, please contact the Outdoor Recreation Coordinator at 512-471-3116.

**Weather:**

In the event of inclement weather, do not assume the trip is or will be cancelled. The Outdoor Recreation Program will make that decision based on the weather report obtained for the area the activity is planned for and regardless of current conditions in Austin. You will be contacted if the trip is cancelled or if the departure time has changed. Please show up and assume the trip will go if you haven’t heard otherwise from our staff prior to the trip departure.

**Parking:**

Parking on campus during the week after 5:00p and on weekends is mostly unrestricted. Please check the parking restriction signs before parking. Penalties are excessive and campus police monitor the parking lots heavily. *The Outdoor Recreation Program is not responsible for parking tickets issued.*

**Important Phone Numbers:**

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<tr>
<th>Programs Office</th>
<th>512.471.3116</th>
<th>GRE 2.204</th>
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<tr>
<td></td>
<td>512.232.4150 [fax]</td>
<td></td>
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<tr>
<td>Outdoor Center</td>
<td>512.471.8047</td>
<td>GRE 2.10</td>
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<td><a href="http://www.utrecsports.org">www.utrecsports.org</a></td>
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